

Empower RF

Previsit instructions

We ask that you are completely shaved and not currently on your menstrual cycle. We ask that you have not had sexual intercourse for a few days prior to the procedure. Please follow all pre-procedure instructions that we give you.

VTone

VTone intended use is to provide electrical stimulation and neuromuscular re-education for the rehabilitation of weak pelvic floor muscles for the treatment of stress, urge, and mixed urinary incontinence in women. It is a gentle, nonsurgical treatment designed to provide intravaginal electrical muscle stimulation (EMS). EMS delivers safe, low frequency electrical pulses which induce involuntary muscle contractions.

Pre-Treatment

- Remove any jewelry in the treatment area.
- Empty the bladder prior to the procedure.

Post-Treatment

- Empty the bladder immediately after the procedure
- Advise us if there is any indication of infection, excessive swelling, redness, pain or any other unusual symptoms.

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FormaV

FormaV is a comfortable treatment that provides uniform volumetric deep heating for tissue remodeling with real-time control of surface temperature. The versatility of the technology allows the operator to provide customized solutions to improve the size, shape, symmetry, texture, and tightness of the labia. Patients often see treatment effects immediately with continued results through the following weeks including improved moisture, tightness and sexual function.

Pre-Treatment

- Hair should be shaved - not waxed or chemically removed- prior to treatment.
- Remove any jewelry in the treatment area.
- Empty the bladder prior to the procedure.
- Discontinue any irritant topical agents for 2-4 days prior to treatment and if medically permitted, anticoagulants should be stopped 1 week prior and 1 week post procedure.
- Notify us prior to procedure if you have history of Herpes so we can pretreat with acyclovir or valacyclovir to avoid heat related outbreak.

Post-Treatment

- Empty the bladder immediately after procedure.
- Avoid very hot water for at least 2 days after treatment
- Avoid mechanical contact (tampons, intercourse, etc) for 2 days after
- After each treatment session advise us if there is any indication of infection, excessive swelling, redness, pain or any other unusual symptoms.

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Morpheus8V

Morpheus8 V is an advanced vaginal treatment which combines micro-needling (stimulating the body's natural cellular healing mechanisms by creating microscopic channels in the skin) and radiofrequency (to activate the production of collagen and elastin) to repair, restore and rejuvenate the walls of the vagina as well as the labia. This in-office, non-surgical procedure tightens vaginal looseness, enhances sexual sensation, restores lubrication and elasticity, and improves the appearance of the labia. The procedure takes about 30 minutes as the device is passed over the vaginal area and vulvar tissues to trigger collagen production. Morpheus8V is a bipolar device, which means that the RF energy is conducted between the electrodes on the device itself. This allows us to safely heat the vaginal tissue to achieve the highest level of collagen production possible, but without causing damage.

Pre-Treatment: Arrive 60 minutes prior to the procedure to numb the area.

- Hair should be shaved - not waxed or chemically removed- prior to treatment.
- Remove any jewelry in the treatment area.
- Empty the bladder prior to the procedure.
- Discontinue any irritant topical agents for 2-4 days prior to treatment and if medically permitted, anticoagulants should be stopped 1 week prior and 1 week post procedure.
- Notify us prior to procedure if you have history of Herpes so we can pretreat with acyclovir or valacyclovir to avoid heat related outbreak.

Post-Treatment:

- Empty the bladder immediately after procedure.
- Avoid very hot water for at least 2 days after treatment
- Avoid mechanical contact (tampons, intercourse, etc) for 3-5 days after
- After each treatment session advise us if there is any indication of infection, excessive swelling, redness, pain or any other unusual symptoms.
- You may have some spotting following the procedure. A panty liner is all you should need for the first 24 hours after treatments.